



AC Lewis YMCA Pool Schedule OCT 2017

OUTDOOR POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:00a Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i> 7:00-8:00a Lap Swim <i>(Lane 1-2)</i> SJA <i>(Lane 3-6)</i>	5:30-7:00a Masters Swim <i>(3 lanes)</i> Lap Swim <i>(3 Lanes)</i> 7:00-8:00a Lap Swim <i>(Lane 1-2)</i> SJA <i>(Lane 3-6)</i>	5:30-7:00a Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i> 7:00-8:00a Lap Swim <i>(Lane 1-2)</i> SJA <i>(Lane 3-6)</i>	5:30-7:00a Masters Swim <i>(3 lanes)</i> Lap Swim <i>(3 Lanes)</i> 7:00-8:00a Lap Swim <i>(Lane 1-2)</i> SJA <i>(Lane 3-6)</i>	5:30-7:00a Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i> 7:00-8:00a Lap Swim <i>(Lane 1-2)</i> SJA <i>(Lane 3-6)</i>	7:30-9:30a Master's Swim <i>(3 Lanes)</i> Lap Swim <i>(3 Lanes)</i> 9:30a-5:30p Family/Open Swim <i>(Lane 1)</i>	
8:00a-10:00a Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i> 10:00a -11:00a BRHS PE <i>(Lane 2-4)</i> 3:00-4:15p BRHS Swim Team <i>(Lane 2-5)</i> Lap Swim <i>(Lane 1 & 6)</i>	8:00a-8:30a Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i> 8:30a-11:00 am BRHS PE <i>(Lane 2-4)</i> 3:00-4:15p BRHS Swim Team <i>(Lane 2-5)</i> Lap Swim <i>(Lane 1 & 6)</i>	8:00a-3:00p Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i> 3:00-4:15p BRHS Swim Team <i>(Lane 2-5)</i> Lap Swim <i>(Lane 1 & 6)</i>	8:00a-8:30a Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i> 8:30a-11:00 am BRHS PE <i>(Lane 2-4)</i> 3:00-4:15p BRHS Swim Team <i>(Lane 2-5)</i> Lap Swim <i>(Lane 1 & 6)</i>	8:00a-10:00a Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i> 10:00a - 11:00a BRHS PE <i>(Lane 2-4)</i> 3:00-4:00p CLOSED for maintenance		1:00-4:30 p Open/Family Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i>
4:15-5:30p Open Swim <i>(Lane 1)</i> 4:30-6:30p* CHS Swim Team <i>(Lane 2-5)</i> *STARTS 10/16	4:15-5:30p Open Swim <i>(Lane 1)</i> 4:30-6:30p CHS Swim Team <i>(Lane 2-5)</i>	4:15-5:30p Open Swim <i>(Lane 1)</i> 4:30-6:30p CHS Swim Team <i>(Lane 2-5)</i>	4:15-5:30p Open Swim <i>(Lane 1)</i> 4:30-6:30p CHS Swim Team <i>(Lane 2-5)</i>	4:00-5:30p Open Swim <i>(Lane 1)</i> 4:30-6:30p CHS Swim Team <i>(Lane 2-5)</i>		
5:30-8:00p <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i>	5:30-8:00p Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i>	5:30-8:00p Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i>	5:30-8:00p Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i>	5:30-7:30p Open Swim <i>(Lane 1)</i> Lap Swim <i>(Lane 2-6)</i>		
POOL CLOSSES at 8:00p	POOL CLOSSES at 8:00p	POOL CLOSSES at 8:00p	POOL CLOSSES at 8:00p	POOL CLOSSES at 7:30p	POOL CLOSSES at 5:30p	POOL CLOSSES at 4:30p

NOTES:

- When the outdoor pool temperature reaches 83 degrees Fahrenheit, the Lifeguards will be turning on the Aerators to cool the pool and maintain proper chemical balance
- Share the Pool! Multiple activities are often scheduled in this pool at the same time – see above schedule for details.
- Schedule is subject to change
- Inclement Weather - Under the discretion of management, both pools will be closed due to inclement weather or other hazardous conditions.

350 S. Foster Drive
 Baton Rouge, LA 70806
 P: 225-924-3606; ymcabr.org



AC Lewis YMCA Pool Schedule OCT 2017

INDOOR POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:00a Lap Swim (Lane 1) Open Swim- pool	5:30-8:00a Lap Swim (Lane 1) Open Swim - pool	5:30-8:00a Lap Swim (Lane 1) Open Swim- pool	5:30-8:00a Lap Swim (Lane 1) Open Swim - pool	5:30-8:00a Lap Swim (Lane 1) Open Swim- pool	7:30a-5:30p Lap Swim (Lane 1) Open Swim - pool	
9:00-9:45 Water Wellness Lap Swim (Lane 1) Open Swim - Deep	9:00-10:00a Aqua Zumba (no Lap Swim) Open Swim - Deep	9:00-9:45 H2YOGA Lap Swim (Lane 1) Open Swim - Deep	9:00-9:45 Water Wellness Lap Swim (Lane 1) Open Swim- Deep	8:00-10:00a Lap Swim (Lane 1) Open Swim - pool		
10:00-11:00a Aqua "Core"dio Shallow End Open Swim - deep	10:00-12:30p Lap Swim (Lane 1) Open Swim - pool	10:00-11:00a Aqua "Core"dio Shallow End Open Swim - deep	10:30-12:30 Lap Swim (Lane 1) Open Swim - pool	10:00-11:00a Aqua "Core"dio Shallow End Open Swim - deep		1:00-4:30p Lap Swim (Lane 1) Open Swim
11:00-12:00p Deep water Fit Patsy Lap Swim until 12:30p (Lane 1) Open Swim (Shallow)		11:00-12:00p Deep water Fit Patsy Lap Swim until 12:30p (Lane 1) Open Swim (Shallow)		11:00-12:00p Deep water Fit Patsy Lap Swim until 12:30p (Lane 1) Open Swim (Shallow)		
Pool is closed M-F 12:30-3 pm for cleaning and maintenance						
3:00-5:30p Lap Swim (Lane 1) Open Swim 5:30-6:30p Deep Water Fit	3:00-4:30p Lap Swim (Lane 1) Open Swim 5:30-6:30p Deep Water Fit	3:00-4:30p Lap Swim (Lane 1) Open Swim 5:30-6:30p Deep Water Fit	3:00-4:30p Lap Swim (Lane 1) Open Swim 5:30-6:30p Deep Water Fit	3:00-5:30p Lap Swim (Lane 1) Open Swim 5:30-6:30p Deep Water Fit		
POOL CLOSES at 8:00p	POOL CLOSES at 8:00p	POOL CLOSES at 8:00p	POOL CLOSES at 8:00p	POOL CLOSES at 7:30p	POOL CLOSES at 5:30p	POOL CLOSES at 4:30p

- Share the Pool! Multiple activities are often scheduled in this pool at the same time – see above schedule for details.
- Schedule is subject to change
- Inclement Weather - Under the discretion of management, both pools will be closed due to inclement weather or other hazardous conditions.