



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

EXXONMOBIL YMCA EFFECTIVE 6/7/2017

Summer Schedule 2017

Schedule is subject to change

Y Swim teams begins in June for summer

Multiple activities are often scheduled in this pool at the same time.

Swim Lessons

Please visit our Service Desk for Swim lesson availability.

Lap Swimming Tips

Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull bouys, etc. before entering the pool.

Speed

Please try to choose a lane with swimmers that most nearly match your speed.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	9am-9:30am Lap & open swim	9am-11:00am Lap & open swim	9am-9:30am Lap & open swim	9am-11:00am Lap & open swim	9am-10:30am BREC Camp	9 am-12pm Lap & open swim	Closed
	9:30am-10:30am Water Fit		9:30am-10:30am Water Fit		10:30am – 1pm Lap & Open Swim		
	10:30am-11am Lap & Open Swim	11am – 11:30am Swim Lessons (2 lap lanes)	11am – 11:30am Swim Lessons (2 lap lanes)	11am – 11:30am Swim Lessons (2 lap lanes)	*Make-up Day for Swim Lessons		
	11am – 11:30am Swim Lessons (2 Lap Lanes)	11:30am-2pm Lap & Open Swim					
	12 pm-5pm Lap & Open Swim	2pm-4:30pm Camp Swim	2pm-4:30pm Camp Swim	2pm-4:30pm Camp Swim			
		4:30pm-6:30pm Lap & Open Swim**	4:30pm-6:30pm Lap & Open Swim**	4:30pm-5:30pm Lap & Open Swim			
	5:30pm-6:30pm Water Fit			5:30pm-6:30pm Water Fit			
	5pm-6:30pm Swim Team	5pm-6:30pm Swim Team	5pm-6:30pm Swim Team	5pm-6:30pm Swim Team			
	6:30pm-7:30pm Swim Lessons	6:30pm-7:30pm Swim Lessons	6:30pm-7:30pm Swim Lessons	6:30pm-7:30pm Swim Lessons			

****2 lanes for lap and 2 lanes for open during Swim Team**

EXXONMOBIL YMCA

7717 Howell Blvd, Baton Rouge, LA 70807

P 225.906.5424 F 225.906.5426 www.ymcabr.org