



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# PERSONAL CONFIDENCE COMMUNITY SAFETY

## CPR (BLS), First Aid, and Emergency Oxygen Trainings C.B. PENNINGTON, JR. YMCA

ASHI'S Basic Life Support (formerly CPR-PRO) teaches students how to recognize a life-threatening emergency, how to provide basic life support and what to do in case of an airway obstruction or choking. ASHI's Basic First Aid and Emergency Oxygen Administration will teach students how to provide basic first aid care in a variety of situations and how to properly use emergency oxygen.

**WHEN:** 2nd Saturday of every month  
**TIME:** 9am – 1 p.m.  
**LOCATION:** C.B. PENNINGTON, JR. YMCA  
15550 Old Hammond Hwy.  
Baton Rouge, LA 70816  
225-272-9622  
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