



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILD CONFIDENCE SAVE A LIFE

Lifeguard Certification Class C.B. PENNINGTON, JR. YMCA

Have you ever wanted to become a lifeguard and learn specialized lifesaving skills? Those who participate in the YMCA's lifeguard certification program learn the skills necessary to be a lifeguard and learn to perform CPR, use an AED, perform first aid, and administer emergency oxygen. Must be 16 years of age. Upon successful completion of the course the participant will be certified in:

- YMCA Lifeguarding
- CPR/AED for the Professional Rescuer
- First Aid
- Emergency Oxygen Administration

WHEN:

Summer Session 1: June 1, June 8-10

Summer Session 2: June 15, June 22-24

Summer Session 3: July 6, July 13-15

FEES: \$200 members, \$225 program participants

LOCATION: C.B. PENNINGTON JR. YMCA
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